

# XLR8 Leadership University™

Create leadership learning communities by developing leadership at all levels.

## MEASURE LEADERSHIP CAPABILITY

Leadership characteristics  
and style inventories

Leadership practices 360°

Leadership values  
assessment

## LEADERSHIP WORKSHOPS

Inventory/assessment  
results

Leadership best-practices

Build coaching competence

Personal action plans

## LEADERSHIP COACHING

Pre-workshop preparation

In-workshop peer to peer

Post-workshop action plan  
implementation

## LEADERSHIP TEAM BUILDING

Leadership coaching  
process with team

Four Levels of Team  
Consciousness™

## Leadership Measurement

**Measuring your current leadership capability** provides insight and a foundation for development. The XLR8 Leadership University™ provides a variety of measurement tools that meet each individual participant's needs.

- TTI Success Insights™ Management Staff
- TriMetrix™ Leadership Talent & Skills Inventory
- XLR8 Leadership Talent & Skills™ 360°
- Leadership Practices Inventory self/360°
- Individual Leadership Values Assessment

TTI Success Insights™ is a trademark of Target Training International, Ltd. and TriMetrix™ is a trademark of Bill Brooks and Bill J. Bonnsetter.

A customized leadership development 360° survey tool can be designed based on your specific organization's leadership excellence benchmark profile. This tool will include specific leadership skills, behaviors, values, attributes and responsibilities identified by your organization.

## Leadership Development Workshops

Successful organizations have highly effective leaders that are able to communicate a clear vision of excellence and engage their people to continuously pursue it.

**Leadership excellence** must exist at **all levels** in the organization.

### Learning to Lead

The Learning to Lead workshop is a two-day personal leadership development experience focusing on personal insight, leadership communication, leveraging personal leadership talents and modeling effective leadership behaviors.

### Leadership in Action

Leadership in Action is three-day workshop focused on effectively leading others. Participants may experience the five practices of exemplary leadership, explore the seven levels of leadership consciousness (values-based leadership) or target personal and organizational leadership skills for development.

Leaders are introduced to mission and vision as building blocks for leadership excellence. They obtain the necessary skills to engage staff and create a high performance workplace. **Leadership in action resources are customized** to meet each client's unique needs.

### Leadership Excellence

Leadership Excellence is developed during the 15-18 month XLR8 YOU!!! Leadership Excellence executive coaching process. Participants tap their inner-guidance system to unlock their passion to lead and create a leadership legacy.

## Leadership Coaching

**Coaching builds trusts** and supports individual as well as well team development. Pre-workshop coaching ensures understanding of feedback results. Peer-based **coaching supports learning during the workshop. Post-workshop coaching helps leaders apply what they have learned.**

**Build a foundation for leadership excellence.**

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